

May 2009, FOR IMMEDIATE RELEASE:

The Gottman Institute proudly Announces the Addition of Suzanne Rudolph, Ed.D. as a Certified Gottman Therapist

John Gottman, Ph.D., has learned what makes marriages work by studying and following over 3,000 couples throughout 35 years of research. Together with Dr Julie Schwartz Gottman, the Clinical Director of both The Gottman Institute and The Gottman Relationship Center & Referral Network, they have designed Gottman Method Couples Therapy, couples workshops and professional training for therapists. The Gottman Institute integrates leading-edge research on marriage into practical, down-to-earth workshops for couples, private therapy for individuals, couples and families and training for therapists committed to helping couples. No other approach to couples education and therapy has relied on such intensive, detailed and long-term scientific studies of why marriages succeed or fail.

It is our mission to reach out to families in order to help create and maintain greater love and health in relationships. It is with great pride that we announce a new resource in your local community! Suzanne Rudolph, Ed.D. has completed training and achieved the prestigious designation of Certified Gottman Therapist . In addition to providing Gottman Couples Therapy, She is available for talks at organizations, schools, or professional groups on the topic *The Seven Principles for Making Marriage Work*.

The Gottman Institute, co-founded by Drs. John and Julie Schwartz Gottman, has two major functions. The Institute helps couples directly and it provides state-of-the-art training to mental health professionals and other health care providers. For more information on services, trainings and products of The Gottman Institute, including the Gottman's latest book, *Ten Lessons for Transforming Your Marriage*, please visit www.gottman.com.